



Subject: Adoption, Adoptee Rights, and Equality in 2026

Dear [MP's Name],

I am writing to you as an adoptee / care-experienced person / family member / ally to ask for your support on issues affecting adopted people across the UK. Adoption is a lifelong legal status, yet adopted people often have no meaningful way to challenge, review, or seek redress for decisions made about them in childhood. Many adoptees continue to experience loss of identity, lack of access to records, and exclusion from legal protections in adulthood.

As we enter 2026, I am asking you to support:

- the meaningful integration of the UN Convention on the Rights of the Child into UK law, including its application to adoption across the lifespan
- recognition of adoptees and people with a history of care within the Equality Act
- respect for adoptee rights, identity, and autonomy in law and policy

These are not abstract concerns. They affect real people throughout their lives. I would welcome the opportunity to know your position on these issues and how you intend to support adoptee and care-experienced people in your constituency. Thank you for your time and consideration.

Yours sincerely,
[Your name]
[Your postcode]

